



Middletown Works Hourly & Salaried
Union Retirees Health Care Fund
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July 17, 2025

**MIDDLETOWN WORKS HOURLY AND SALARIED UNION
RETIREES HEALTH CARE FUND
SUMMARY OF MATERIAL MODIFICATIONS**

Dear Participant:

We are pleased to provide you with information on the following benefit enhancements:

- **Increase to the vision frame allowance, effective July 1, 2025:** The vision frame allowance will increase from \$250 to \$290. In addition, if you use a provider in the EyeMed PLUS network, the frame allowance will increase from \$300 to \$340.
- **Reduction in Copayments for generic prescription medications, effective July 1, 2025:** The Copayment for all generic medications will be \$0. This applies to all plan participants both at retail pharmacies and for medications provided through mail order.
- **Reduction in Copayments for brand name prescription medications, effective January 1, 2026:** The Copayment for brand name medications will change as follows:
 - 30-Day supply:
 - Preferred brand: from \$15 to \$5
 - Non-Preferred brand: from \$24 to \$20
 - 90-Day supply:
 - Preferred brand: from \$30 to \$10
 - Non-Preferred brand: from \$48 to \$40
- **Increase to the dental annual maximum, effective January 1, 2026:** The annual maximum for the dental plan will increase from \$4,000 per person per plan year to \$6,000.
- **New benefit for orthodontia services, effective January 1, 2026:** In addition to the current dental benefits, a new benefit is available for those participants who need orthodontia (e.g., braces). The new benefit will provide 100% coverage, up to a lifetime benefit of \$4,000 per person. This includes coverage of devices such as Invisalign.

Please keep this notice along with your Summary Plan Description (SPD) book. If you do not have your SPD, contact the Fund office to have one sent to you or stop by at your convenience.

To request a copy of this document, you may email the Fund office: mwrmemberservices@wpas-inc.com.

To access an electronic copy of the Summary Plan Document: <https://www.middletownworkshcf.com/>

**Sincerely,
Board of Trustees**

EE: srw opelu #8
S:\Mailings\Individual Trust Fund Mailings (SMM, Benefit Changes, COBRA, etc.)\F59-02\F59-02 - Mailing - 2025 - 07.17 - SMM - July 2025 Benefit Improvements.docx

Enclosures

This information only highlights certain features of the Middletown Works Hourly and Salaried Union Retirees Health Care Fund. Full details are contained in the documents that establish the Plan provisions. If there is a discrepancy between the wording here and the documents that establish the Plan, the document language will govern. The Trustees reserve the right and have the authority to amend, modify, or eliminate benefits at any time, or terminate the Plan when financial conditions dictate. In addition, the Trustees, or such other persons as delegated by the Trustees, have the discretion to interpret and construe the Plan's provisions.

welldoc®

An easier way to take charge of your health

The Welldoc® App is here to help you take charge of your choices, whether you have prediabetes, diabetes, heart failure, hypertension, or need help managing your weight.



Brought to you by the Middletown Works Retiree Health Care Fund, at no cost!

Introducing the Welldoc App



Make better health choices

Get real-time digital coaching, insights and education to help make better choices about your health.



Unlock a new level of care

Share health data and insights to help your care team stay informed—between office visits.



Learn how food affects health

Simply snap a picture of a meal and get nutrition information, search healthy recipes, or explore Meal Planner and Restaurant Helper.



Sync devices and health info

Connect with your smart devices and data to see all your health information in one place.



Track fitness and sleep

Learn how sleep and exercise affect you. Problem-solve sleep issues and find new fitness motivation.



Set health goals

Stay motivated with health goals that help you build better habits, one step at a time.

It all starts with a single step.

Download the Welldoc App from the App Store or Google Play Store.

Enter Program ID: **WELLTH** to complete registration.

Learn more at learn.welldoc.com/wellth



Scan to download the Welldoc App



Personalizing the Welldoc App

Set yourself up for success



Connect to your Continual Glucose Monitor or one of over 400 other devices.



Free, for Middletown Works Health Care Fund retirees and covered dependents



Add baseline data

Answer a few questions about your current health. The app will help you track and celebrate your progress.

Go to: App Home Screen > Select "Welcome!" card



Set a health goal

Set a clear goal to work towards, keeping you motivated to make better health choices.

Go to: App Home Screen > Select "Set a goal" card
Or go to: Resources in navigation > Goals



Food & nutrition support

Track meals and get nutrition information with ease by snapping a picture of your food.

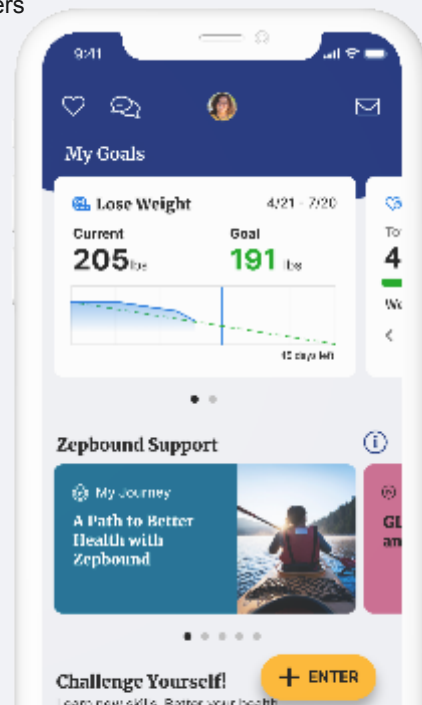
Go to: + ENTER > Food > Food Diary
Or go to: Logbook in navigation > Food > Food Diary



Connect devices

Understand how your blood glucose and activity affects your conditions.

Go to: More > Connections & Devices > Glucose Meter
Go to: Connections & Devices > Health and Fitness Trackers



Our Welldoc App experts are here to help! For questions about the Welldoc App, call 1-888-327-5345, available Monday through Friday from 8:00 AM - 6:00 PM (ET).

The Welldoc® App includes Welldoc Diabetes and Welldoc Diabetes Rx, which is Software as a Medical Device (SaMD) intended to be used by healthcare providers (HCPs) and their patients – aged 18 years and older – who have type 1 or type 2 diabetes. Welldoc Diabetes and Welldoc Diabetes Rx is intended to assist patients in managing their diabetes with guidance from their providers. Welldoc Diabetes Rx requires a prescription. Welldoc Diabetes and Welldoc Diabetes Rx should not be used by patients with gestational diabetes or patients using an insulin pump. Improper use of Welldoc Diabetes and Welldoc Diabetes Rx may result in unsafe recommendations that could result in hyperglycemia or hypoglycemia. Visit learn.welldoc.com/wellth for full labeling information.

The privacy and security of your personal information is very important to us. We protect it in accordance with the Health Insurance Portability and Accountability Act.

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