

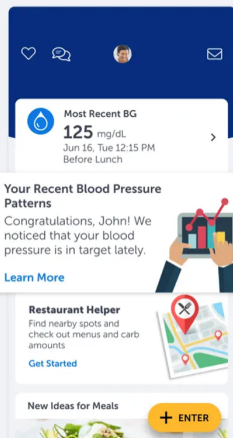


# Introducing a **NEW** Middletown Works Retiree Health Care Fund Benefit!

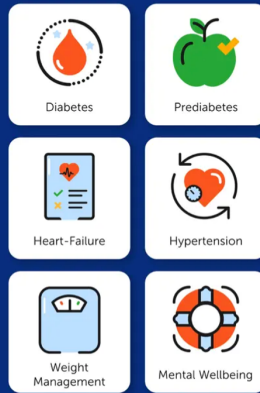


## Welldoc

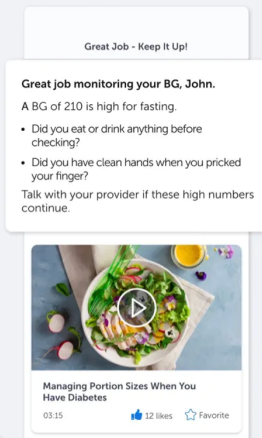
### Your health your way



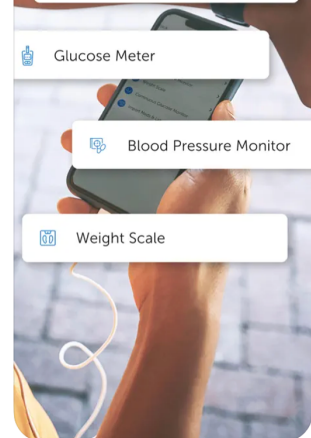
### Support your conditions and health needs



### A smart digital health coach by your side



### Connect to your health devices



## Have you tried the **NEW Welldoc app**, it's a program that helps you get control of your diabetes?

During the last Retiree Health Care Member Meeting on July 25th, it was announced that there are no copays for diabetic supplies. Take advantage of these benefits, and download the Welldoc app today.

The Welldoc app is **FREE** to use, for you and your family members.

The Welldoc® App includes Welldoc Diabetes and Welldoc Diabetes Rx, which is Software as a Medical Device (SaMD) intended to be used by healthcare providers (HCPs) and their patients – aged 18 years and older – who have type 1 or type 2 diabetes. Welldoc Diabetes and Welldoc Diabetes Rx is intended to assist patients in managing their diabetes with guidance from their providers. Welldoc Diabetes Rx requires a prescription. Welldoc Diabetes and Welldoc Diabetes Rx should not be used by patients with gestational diabetes or patients using an insulin pump. Improper use of Welldoc Diabetes and Welldoc Diabetes Rx may result in unsafe recommendations that could result in hyperglycemia or hypoglycemia. Visit [www.welldoc.com](http://www.welldoc.com) for full labeling information.

The privacy and security of your personal information is very important to us. We protect it in accordance with the Health Insurance Portability and Accountability Act.

App Store and the Apple logo are registered trademarks of Apple Inc. Google Play and the Google Play logo are trademarks of Google LLC. All other trademarks are the property of their respective owners.



Type 1 & Type 2 Diabetes



Hypertension



Heart failure



Prediabetes



Weight & Obesity management



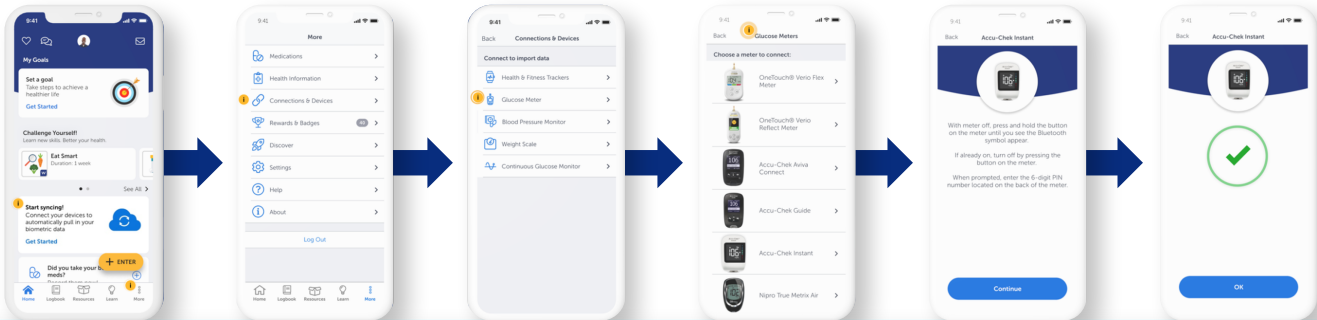
Mental wellbeing

# Interested in having all of your information in one place to help you better track your diabetes?



## Welldoc

With the Welldoc App, you can connect your devices easily - see example below.



## How do you monitor your health?

With over 400 compatible devices that sync directly with the Welldoc app, chances are the one you are using will sync with this app and save you a lot of time.



## Getting Started is Easy

- 1 Search for "Welldoc" in the Google Play or the App Store, or simply scan the QR code.
- 2 Download the Welldoc App
- 3 After download, select "Sign Up" and enter the access code: **WELLTH**
- 4 Register and set up your account:



Or, if you want help, the Welldoc Customer Care Team is here to help, call 1-888-327-5345, available Monday - Friday from 8 AM - 6 PM (ET).